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#### INSULINOTROPIC HORMONE

#### BACKGROUND OF THE INVENTION

#### Field of the Invention

.This invention is directed to the discovery that certain peptide fragments of the prehormone, proglucagon, possess hormonal activities and can be used to stimulate the synthesis and secretion of the hormone, insulin. These peptide fragments are useful in therapy for the disease <u>Diabetes mellitus</u>.

#### Description of the Background Art

The endocrine secretions of the pancreatic islets are under complex control not only by blood-borne metabolites (glucose, amino acids, catecholemines, etc.), but also by local paracrine influences. The major pancreatic islet hormones (glucagon, insulin and somatostatin) interact amongst their specific cell types (A, B, and D cells, respectively) to modulate secretory responses mediated by the metabolites. Although insulin secretion is predominantly controlled by blood levels of glucose, glucagon and somatostatin stimulate and inhibit glucose-mediated insulin secretory responses, respectively. In addition to the pro-

posed interislet paracrine regulation of insulin secretion, there is evidence to support the existence of insulinotropic factors in the intestine. This concept originates from the observations that glucose taken orally is a much more potent stimulant of insulin secretion than is a comparable amount of glucose given intravenously.

The human hormone, glucagon, is a 29-amino acid peptide hormone produced in the A-cells of the pan-The hormone belongs to a multi-gene family of structurally related peptides that include secretin, gastric inhibitory peptide, vasoactive intestinal peptide and glicentin. These peptides variously regulate carbohydrate metabolism, gastrointestinal mobility and secretory processing. The principal recognized actions of pancreatic glucagon, however, are to promote glycogenolysis and gluconeogenesis, resulting in an elevation of blood sugar levels. In this regard, the actions of glucagon are counterregulatory to those of insulin and may contribute to the hyperglycemia that accompanies Diabetes mellitus (Lund, P. K. et al., Proc. Natl. Acad. Sci., USA, 79: 345-349 (1982)).

Glucagon has been found to be capable of binding to specific receptors which lie on the surface of insulin producing cells. Glucagon, when bound to these receptors, stimulates the rapid synthesis of cAMP, by these cells. cAMP, in turn, has been found to stimulate insulin expression (Korman, L.Y. et al., Diabetes, 34:717-722 (1985)). Insulin acts to inhibit glucagon synthesis (Review of Medical Physiology, Ganong, W.F., 1979 Lange Publications, Los Altos, California (p. 273). Thus the expression of glucagon is carefully

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regulated by insulin, and ultimately by the serum glucose level.

The glucagon gene is initially tranlated from a 630 base pair precursor to form the polypeptide, preproglucagon (Lund et al. (1982)). This polypeptide is subsequently processed to form proglucagon. Patzelt, C. et al., Nature, 282: 260-266 (1979), demonstrated that proglucagon was subsequently cleaved into gluca-Subsequent work by gon and a second polypeptide. Lund, P. K. et al., Lopez L. C. et al., and Bell, G. I. et al., (Nature) 302:716-718 (1983) demonstrated that the proglucagon molecule was cleaved immediately after lysine-arginine dipeptide residues. Studies of proglucagon produced by channel catfish (Ictalurus punctata) indicated that glucagon from this animal was also proteolytically cleaved after adjacent lysinearginine and arginine-arginine dipeptide residues (Andrews, P. C. et al., J. Biol. Chem., 260: 3910-3914 (1985)). Lopez, L. C. et al., (Proc. Natl. Acad. Sci. USA 80:5485-5489 (1983)), and Bell, G. I. et al, discovered the mammalian proglucagon was cleaved at lysine-arginine or arginine arginine dipeptides, and demonstrated that the proglucagon molecule contained three discreet and highly homologous peptide molecules which were designated glucagon, glucagon-like protein 1 (GLP-1) and glucagon-like protein 2 (GLP-2). Lopez et al. concluded that glucagon-like protein 1 was 37 amino acid residues long and that glucagon-like peptide 2 was 34 amino acid residues long. studies on the structure of rat preproglucagon revealed a similar pattern of proteolytic cleavage between adjacent lysine-arginine or arginine-arginine dipeptide residues, resulting in the formation of glucagon, GLP-1 and GLP-2 (Heinrich, G. et al., Endocrinol., 115: 2176-2181 (1984)). Human rat, bovine, and hamster sequences of GLP-1 have been found to be identical (Ghiglione, M. et al., Diabetologia, 27:599-600 (1984)).

The conclusion reached by Lopez et al. regarding the size of GLP-1 was confirmed by the work of Uttenthal, L.O. et al. (J. Clin. Endocrinol. Metabol., 61: 472-479 (1985)). Uttenthal et al. examined the molecular forms of GLP-1 which were present in the human pancreas. Their research shows that GLP-1 and GLP-2 are present in the pancreas as 37 amino acid and 34 amino acid peptides, respectively.

The similarity between GLP-1 and glucagon suggested to early investigators that GLP-1 might have biological activity. Although some investigators found that GLP-1 could induce rat brain cells to synthesize cAMP (Hoosein, N.M. et al., Febs Lett. 178:83-86 (1984)), other investigators failed to identify any physiological role for GLP-1 (Lopez, L. C. et al.). The failure to identify any physiological role for GLP-1 caused some investigators to question whether GLP-1 was in fact a hormone and whether the relatedness between glucagon and GLP-1 might be artifactual (Ghiglione, M. et al.).

Thus, in conclusion, the prior art reveals an awareness of the processing of a glucagon hormone precursor into a set of peptides sharing extensive homology. It has been widely assumed by those of skill in the art that these highly related glucagon-like peptides would have a biological activity. Nevertheless, extensive investigations designed to elucidate the

biological effects of these molecules had been unsuccessful.

#### SUMMARY OF THE INVENTION

The hormone glucagon is known to be synthesized as a high molecular weight precursor molecule which is subsequently proteolytically cleaved into three peptides: glucagon, glucagon-like peptide 1 (GLP-1) and glucagon-like peptide 2 (GLP-2). GLP-1 has 37 amino acids in its unprocessed form. This invention discloses that the unprocessed GLP-1 is naturally converted to a 31 amino acid long peptide (7-37 peptide) having amino acids 7-37 of GLP-1. This processing occurs in the pancreas and the intestine. peptide is an insulinotropic hormone which had not previously been described. The hormone's activity appears to be specific for the pancreatic beta cells where it appears to induce the biosynthesis of insu-The unprocessed GLP-1 peptide is essentially unable to mediate the induction of insulin biosynthe-The insulinotropic hormone is useful in the study of the pathogenesis of maturity onset diabetes mellitus, a condition in which the dynamics of insulin secretion are abnormal. Moreover, the insulinotropic hormone is useful in therapy for this disease.

#### BRIEF DESCRIPTION OF THE DRAWINGS

Figure 1 shows the DNA structure and corresponding amino acid sequence of human, rat and hamster preproglucagons. The preproglucagon precursor is protectly cleaved at sites indicated by circles.

Figure 2 shows the effect of GLP-1 peptides on insulin mRNA levels in rat insulinoma cells.

Figure 3 shows the effects of GLP-1 peptides on angiotensingen mRNA levels in rat insulinoma cells.

Figure 4 shows the effects of GLP-1 peptides on actin mRNA levels in rat insulinoma cells.

Figure 5 shows the effect of GLP-1 (1-37) on prolactin mRNA levels in GH4 cells.

Figure 6 shows the effects of GLP-1 (1-37) on ACTH mRNA levels in AtT-20 cells.

#### DESCRIPTION OF THE PREFERRED EMBODIMENTS

Peptide moieties (fragments) chosen from the determined amino acid sequence of human GLP-1 constitute the starting point in the development comprising the present invention. The amino acid sequence for GLP-1 has been reported by several researchers (Lopez, L. C. et al. (1983); Bell, G. I. et al., (Nature) 302:716-718 (1983); Heinrich, G. et al. (1984); Ghiglione, M. et al. (1984)). The structure of the preproglucagon gene and its corresponding amino acid sequence is shown in Figure 1. This figure further displays the proteolytic processing of the precursor gene product into glucagon and the two glucagon-like peptides. used herein, the notation GLP-1 (1-37) refers to a GLP-1 polypeptide having all amino acids from 1 (N-terminus) through 37 (C-terminus). GLP-1 (7-37) refers to a GLP-1 polypeptide having all amino acids from 7 (N-terminus) through 37 (C-terminus).

In one embodiment, the peptide fragments are synthesized by the well-known solid phase peptide syn-

thesis described by Merrifield, J. M., Chem. Soc., 85: 2149 (1962), and Stewart and Young, Solid Phase Peptide Synthesis (Freeman, San Francisco, 1969), pages 27-66, which are incorporated by reference herein. However, it is also possible to obtain fragments of the proglucagon polypeptide or of GLP-1 by fragmenting the naturally-occurring amino acid sequence, using, for example, a proteolytic enzyme. Further, it is possible to obtain the desired fragments of the proglucagon peptide or of GLP-1 through the use of recombinant DNA technology, as disclosed by Maniatis, T. et al., Molecular Biology: A Laboratory Manual, Cold Spring Harbor, NY 1982, which is hereby incorporated by reference.

The invention pertains to a peptide fragment which is insulinotropic and is derivable from a naturally-occurring amino acid sequence.

The invention comprises a peptide fragment having the following amino acid sequence:

His-Ala-Glu-Gly-Thr-Phe-Thr-Ser-Asp-Val-Ser-Ser-Tyr-Leu-Glu-Gly-Gln-Ala-Ala-Lys-Glu-Phe-Ile-Ala-Trp-Leu-Val-Lys-Gly-Arg-Gly

and functional derivatives thereof, these fragments and functional derivatives being substantially free of natural contaminants and having insulinotropic activity.

Of particular interest are peptides of the following formula:

## (1) $H_2N--X--CO--R^1$

wherein R<sup>1</sup> is OH, OM or -NR<sup>2</sup>R<sup>3</sup>;

M is a pharmaceutically acceptable cation or a lower  $(C_1-C_6)$  branched or unbranched alkyl group;  $R^2$  and  $R^3$  are the same or different and selected from the group consisting of hydrogen and a lower  $(C_1-C_6)$  branched or unbranched alkyl group; and

X is the amino acid sequence or peptide fragment described above;

- (2) The acid addition salts thereof; and
- (3) The protected or partially protected derivatives thereof.

The invention further pertains to a method for enhancing the expression of insulin which comprises:

providing to a mammalian pancreatic B-type islet cell an effective amount of the insulinotropic peptides disclosed above.

Included within the scope of the present invention are those amino acid sequences in the above peptides which are capable of functioning as insulinotropic hormones. Included as well are the use of additional amino acid residues added to enhance coupling to carrier protein or amino acid residues added to enhance the insulinotropic effect. A material is said to be "substantially free of natural contaminants" if it has been substantially purified from materials with which it is normally and naturally found. Examples of natural contaminants with which GLP-1 (7-37) might be

associated are: other peptides, carbohydrates, gly-cosylated peptides, lipids, membrane, etc. A material is also said to be substantially free of natural contaminants if these contaminants are substantially absent from a sample of the material.

The interchangeable terms "peptide fragment" and "peptide moiety" are meant to include both synthetic and naturally-occurring amino acid sequences derivable from a naturally occurring amino acid sequence.

A peptide is said to be "derivable from a naturally-occurring amino acid sequence" if it can be obtained by fragmenting a naturally-occurring sequence, or if it can be synthesized based upon a knowledge of the sequence of the naturally occuring amino acid sequence or of the genetic material (DNA or RNA) which encodes this sequence.

The invention further pertains to polypeptides that, in addition to the chosen sequence, may contain or lack one or more amino acids that may not be present in the naturally-occurring sequence wherein such polypeptides are functionally similar to the chosen polypeptide. Such polypeptides for the present invention, are termed "functional derivatives," provided that they demonstrate insulinotropic activity which is substantially similar to that of GLP-1 (7-37).

An "insulinotropic activity" relates to the ability of a substance to stimulate, or cause the stimulation of, the synthesis or expression of the hormone insulin.

As is known in the art, the amino acid residues may be in their protected or unprotected form, using appropriate amino or carboxyl protecting groups. Use-

ful cations are alkali or alkaline earth metallic cations (i.e., Na, K, Li, 1/2Ca, 1/2Ba, etc.) or amine cations (i.e., tetraalkylammonium, trialkylammonium, where alkyl can be  $C_1-C_{12}$ ).

The variable length peptides may be in the form of the free amines (on the N-terminus), or acid-addition salts thereof. Common acid addition salts are hydrohalic acid salts, i.e., HBr, HI, or more preferably, HCl.

The insulinotropic property of a compound may be determined by providing that compound to animal cells, or injecting that compound into animals and monitoring the release of immunoreactive insulin (IRI) into the media or circulatory system of the animal, respectively. The presence of IRI is detected through the use of a radioimmunoassay which can specifically detect Although any radioimmunoassay capable of detecting the presence of IRI may be employed, it is preferable to use a modification of the assay method (Acta Endocrinol. 70: of Albano, J.D.M., et al. 487-509 (1972)). In this modification a phosphate/albumin buffer with a pH of 7.4 was employed. cubation was prepared with the consecutive condition of 500 ul of phosphate buffer, 50 ul of perfusate sample or rat insulin standard in perfusate, 100 ul of antiserum (Wellcome Laboratories; anti-insulin 1:40,000 dilution), and 100 ul of [125] insulin, giving a total volume of 750 ul in a 10 X 75-mm disposable glass tube. After incubation for 2-3 days at 4°C, free insulin was separated from antibody-bound insulin by charcoal separation. The assay sensitivity was 1-2 uU/ml. In order to measure the release of IRI

into the cell culture medium of cells grown in tissue culture, one preferably incorporates radioactive label into proinsulin. Although any radioactive label capable of labelling a polypeptide can be used, it is preferable to use 3H leucine in order to obtain labelled proinsulin. Labelling can be done for any period of time sufficient to permit the formation of a detectably labelled pool of proinsulin molecules; however, it is preferable to incubate cells in the presence of radioactive label for a 60 minute time per-Although any cell line capable of expressing insulin can be used for determining whether a compound has an insulinotropic effect, it is preferable to use rat insulinoma cells, and especially RIN - 38 rat insulinoma cells. Such cells can be grown in any suitable medium; however, it is preferable to use DME medium containing 0.1% BSA and 25 mM glucose.

The insulinotropic property of a compound may also be determined by pancreatic infusion. The in situ isolated perfused rat pancreas preparation was a modification of the method of Penhos, J. C. et al., (Diabetes, 18:733-738 (1969)). Fasted male Charles River strain albino rats, weighing 350-600 g, were anesthetized with an intraperitoneal injection of Amytal Sodium (Eli Lilly and Co.; 160 ng/kg). Renal, adrenal, gastric, and lower colonic blood vessels are ligated. The .entire intestine was resected except for about four cm of duodenum and the descending colon and rectum. Therefore, only a small part of the intestine was perfused, thus minimizing possible interference by enteric substances with glucagon-like immunoreactivity. The perfusate was a modified Krebs-Ringer bicarbonate buffer with 4% dextran T70 and 0.2% bovine serum albumin (fraction V), and was bubbled with 95% O<sub>2</sub> and 5% CO<sub>2</sub>. A nonpulsatile flow, 4-channel roller bearing pump (Buchler polystatic, Buchler Instruments Division, Nuclear-Chicago Corp.) was used, and a switch from one perfusate source to another was accomplished by switching a 3-way stopcock. The manner in which perfusion was performed, monitored, and analyzed followed the method of Weir, G. C. et al. (J. Clin. Investigat. 54: 1403-1412 (1974)), which is hereby incorporated by reference.

The compounds of the present invention can be formulated according to known methods to prepare pharmaceutically useful compositions, whereby GLP-1 (7-37) or its functional derivatives are combined in admixture with a pharmaceutically acceptable carrier vehicle. Suitable vehicles and their formulation, inclusive of other human proteins, e.g. human serum albumin, are described for example in Remington's Pharmaceutical Sciences (16th Ed. A. Oslo Ed. Mack, Easton PA (1980)). In order to form a pharmaceutically acceptable composition suitable for effective administration, such compositions will contain an effective amount of the GLP-1 (7-37), or its functional derivatives, together with a suitable amount of carrier vehicle.

Compositions containing GLP-1 (7-37) or its functional derivatives may be administered intravenously, intramuscularly, or subcutaneously at dosages in the range of from about 1 pg/kg to 1,000 ug/kg body weight, although a lower or higher dosage may be administered. The required dosage will depend upon the

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severity of the condition of the patient and upon such criteria as the patient's height, weight, sex, age, and medical history.

For the purpose of parenteral administration, compositions containing GLP-1 (7-37) are dissolved in distilled water and the pH-value is adjusted to about 6 to 8. In order to facilitate the lyophilization process resulting in a suitable product, lactose could be added to the solution. The solution is then filter sterilized, introduced into vials, and lyophilized. The concentration of GLP-1 (7-37) in these compositions may vary from 10<sup>-12</sup>M to 10<sup>-5</sup>M.

Additional pharmaceutical methods may be employed to control the duration of action. Controlled release preparations may be achieved by the use of polymers to complex or adsorb GLP-1 (7-37) or its functional der-The controlled delivery may be exercised by ivatives. selecting appropriate macromolecules (for polyesters, polyamino acids, polyvinyl pyrrolidone, ethylenevinylacetate, methylcellulose, carboxymethylcellulose, and protamine sulfate) and the concentration of macromolecules as well as the methods of incorporation in order to control release. Another possible method to control the duration of action by controlled release preparations is to incoporate GLP-1 (7-37) into particles of a polymeric material such as polyesters, polyamino acids, hydrogels, poly (lactic acid) or ethylene vinylacetate copolymers. tively, instead of incorporating GLP-1 (7-37) into these polymeric particles, it is possible to entrap GLP-1 (7-37) in microcapsules prepared, for example,

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by coacervation techniques or by interfacial polymerization, for example, hydroxymethylcellulose or gelatin-microcapsules and poly (methylmethacrylate) microcapsules, respectively, or in colloidal drug delivery systems, for example, liposomes, albumin microspheres, microemulsions, nanoparticles, and nanocapsules or in macroemulsions. Such teachings are disclosed in Remington's Pharmaceutical Sciences (1980).

#### SPECIFIC EXAMPLES

#### EXAMPLE 1

: Rat insulinoma cells of cell line RIN-38 were derived from a continuous islet cell line, RIN-r, which was established from a transplantable rat islet cell tumor (Gazdar, A. F. et al., Proc. Nat'l Acad. Sci. U.S.A. 77: 3519-3523 (1980)). The cells were maintained in DMEM (Gibco) at a glucose concentration of 4,500 mg/L, and supplemented with 10% heat-inactivated fetal bovine serum (Gibco), 100 U/ml of penicillin and 100 ug/ml of streptomycin. Incubations were carried out at 37°C in 95% air: 5% CO<sub>2</sub>. Cells grown in the above manner were washed and resuspended in DMEM (Gibco) containing 0.1% bovine serum albumin and 25 mM glucose. Cells were incubated with varying concentrations of GLP-1 (1-37), GLP-1 (7-37) or GLP-1 (1-36 des-gly-arg amide) for six hours, following which the effects of these agents on insulin mRNA expression were determined. Cellular RNA was analyzed for insulin specific mRNA as follows: cellular RNA was ex-

tracted from solid tumors and cells by homogenization in quanadine thiocyanate and sedimentation through a cesium chloride cushion. Poly A RNA was isolated by oligo dT cellulose chromatography (Aviv, H. et al., Proc. Nat'l Acad. Sci. U.S.A. 69: 1408-1412 (1972)). 20 ug of total RNA from each sample was fractionated by size on a 1.4% agarose gel after denaturation in glyoxal, followed by electrotransfer to a nylon membrane (Nytran; Schleicher and Schuell). Blotted membranes were baked for two hours at 80°C under vacuum, prehybridized in 1M NaCl / 1% SDS/ 10% Dextran sulfate at 50°C overnight and hybridized at the same temperature for 24 h after addition of the labelled probes  $(3-5 \times 10^5 \text{ cpm/ml})$ ; they were then washed at  $55^{\circ}$ C twice in 1 X SSC (0.15 M NaCl / 0.015M Na citrate) / 1% SDS), and exposed to X-ray film for varying times at -70°C with an intensifying screen. In all cases the concentration of peptides was 10 - M.

The result of this experiment is shown in Figure 2. Lanes 1-3 (control cells), 4-6 (GLP-1 (1-37)), 7-9 GLP-1 (7-37), 10-12 (GLP-1(1-36 des- gly arg -amide) shows the amount of insulin specific mRNA produced. Triplicate experimental results are presented for each peptide.

Using a microdensitometer the relative amounts of insulin specific mRNA were determined. This experiment revealed that, at equal peptide concentrations, GLP-1 (7-37) stimulated insulin gene expression to more than 3 times the level found in control (untreated) cells.

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### EXAMPLE 2:

Rat insulinoma cells of cell line RIN-38 were grown in DME medium as described in Example 1. After incubation with 10<sup>-7</sup>M GLP-1 (1-37, GLP-1 (7-37) and GLP-1 (1-36), the concentrations of insulin in the cell culture mediums were determined by radioimmunassay (as described above). Insulin protein levels were determined after incubation for six hours. The results of this experiment are shown in Table 1.

#### TABLE 1

PEPTIDE ADDED

Insulin Produced (uUnits/ML)

None

2800

GIP-1 (1-37)

5000

#### EXAMPLE 3:

The pancreas of live rat was perfused with varying concentrations of GLP-1 (1-37) and GLP-1 (7-37) as described above. At one minute intervals, rat serum insulin levels in picograms/ml were determined by radioimmunassay (as described above). The results of this experiment are shown in Table 2. Perfusions were done using peptide concentrations of 5 x  $10^{-7}$ M, 5 x  $10^{-8}$ M, and 5 x  $10^{-10}$ M, 5 x  $10^{-11}$ M and 5 x  $10^{-12}$  M. Peptides were added after the zero minute serum value had been determined.

GLP-1 (1-37) was found to mediate a 3.4-fold increase in serum insulin concentrations when perfused into rat pancreas at a concentration of  $5 \times 10^{-7} \text{M}$ ; at a concentration of  $5 \times 10^{-8} \text{M}$  this peptide was capable of mediating only a 2-fold increase in serum insulin levels. At a concentration of  $5 \times 10^{-10} \text{M}$  this peptide was found to mediate only a 20% increase in serum insulin levels.

GLP-1 (7-37) was found to be capable of stimulating a 132-fold increase in insulin levels when provided to rat pancreas at a concentration of  $5 \times 10^{-7} \text{M}$ . At a 10-fold lower concentration ( $5 \times 10^{-8} \text{M}$ ) this peptide was capable of directing a 21-fold increase in the serum concentration of insulin. At a concentration of  $5 \times 10^{-10} \text{M}$ , GLP-1 (7-37) was found to be capable of mediating an increase in serum insulin levels (32-fold). Even at a concentration of  $5 \times 10^{-11} \text{M}$ , GLP-1 (7-37) delivered a 15-fold increase in insulin levels whereas GLP-1 (1-37) was without effect.

This experiment shows that GLP-1 (7-37) is more than 1,000-fold more potent than GLP-1 (1-37) in stimulating insulin expression in vivo. In addition, the GLP-1 peptides had no effects on the release of the peptide hormones glucagon and somatostatin in these same experiments. Thus, the stimulatory effects of GLP-1 are specific for the beta cells and do not act on pancreatic alpha or delta cells.

Insulin Produced (picograms/ml) at Peptide Concentration

Table 2

	Time (Minutes)	5×10 <sup>-7</sup> M	5x10 <sup>-8</sup> M	5x10 <sup>-10</sup> M	5x10 <sup>-11</sup> M	5x10 <sup>-12</sup> M
	0	50	925	205	160	50
GLP-1	1	6600	20,700	7400	2400	50
(7-37)	2	4700	10,500	1800	1700	50
	3	1700	4,000	760	1900	98
	0	1400	3,000	500	340	50
GLP-1	1	4700	6,000	600	180	50
(1-37) •	2	2900	2,000	640	230	160
	3	2200	2,000	. 430	340	50

#### EXAMPLE 4:

In order to determine whether glucagon-like proteins were capable of affecting cellular cAMP levels the effects of GLP-1 (7-37) and GLP-1 (1-37) on cAMP levels in RINS-38 insulinoma cells was determined. Cells were grown as described in Example 1, in 26 well culture dishes. Varying amounts of glucogon-like peptides were added to culture wells in triplicate. After permitting incubation for 10 minutes the total cell media was examined for cAMP, and the concentration of cAMP was determined. The results of this experiment are shown in Table 3. 20 ul from each culture well was assayed.

Table 3 PMOLES OF CAMP PRODUCED Peptide Concentration Expt Expt (M) II 0 140 91 10-6 400 170 10-7 370 120 10-8 494 160 515 100 10-10 253 90 -10<sup>-11</sup> 533 90

This experiment reveals that GLP-1 (7-37) was capable of stimulating cAMP levels even when present at a

concentration of 10<sup>-11</sup>M. The increase in cAMP levels is an indication that GLP-1 (7-37) is capable of interacting with cellular receptors.

#### EXAMPLE 5

In order to demonstrate that the effects of GLP-1 (1-37), GLP-1 (1-36) and GLP-1 (7-37) were specific for insulin, and were not capable of inducing or provoking non-specific gene expression, the effect of these peptides on the levels of actin and angiotensinogen mRNAs were conducted. RIN-38 insulinoma cells were grown as described in Example 1 and incubated in the presence of GLP-1 (1-37), GLP-1 (7-37), or GLP-1 (1-36) des-Gly arg (Peninsula Laboratories). In all cases the concentration of peptides was 10 7 M. bations were for six hours. Messenger RNAs Specific for insulin, actin, or angiotensinogen were identified by Northern hybridization as described in Example 1. The results of this experiment are shown in Figure 2 (insulin mRNA); Figure 3 (anginotensinogen mRNA); and Figure 4 (actin mRNA). mRNA levels were determined in arbitrary densitometric units obtained from scanning films of the RNA gels of Figures 2, 3, and 4. mRNA levels are shown in Table 4.

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#### TABLE 4

#### EFFECTS OF GLUCAGON-LIKE PEPTIDES ON CELLULAR LEVELS OF MRNAS ENCODING INSULIN, ACTIN AND ANGIOTENSINOGEN IN RIN-38 INSULINOMA CELLS

		MESSENGER I	RNAs
PEPTIDE*	INSULIN	ACTIN A	ANGIOTENSINOGEN
GLP-I (7-37)	4.23+0.74	0.82+0.08	2.78+0.46
GLP-I (1-37)	1.87 <u>+</u> 0.56	_	2.25 <u>+</u> 0.20
GLP-I (1-36) des-Gly	_	0.88 <u>+</u> 0.03	2.56 <u>+</u> 0.22
Arginineamide	•		
Control (no peptide)	1.28+0.23	0.89 <u>+</u> 0.05	2.67 <u>+</u> 0.31

#### EXAMPLE 6

GLP-1 (1-37) was examined to determine whether it could induce the biosynthesis of hormones other than Thus, GLP-1 (1-37) (at a concentration of insulin. 10<sup>-7</sup>M) was added to a rat islet glucagon-producing cell line and two pituitary cell lines (GH4 and AtT-20) which were capable of producing the hormones prolactin and ACTH, respectively, and the amount of hormone specific mRNA produced was determined after 24 hours as described in Example 1. Prolactin mRNA levels in GH4 pituitary cells after incubation with GLP-1 peptides is shown in Figure 5. ACTH mRNA levels in\_AtT-20 pituitary cells after incubation with GLP-1 peptides is shown in Figure 6. These experiments revealed that GLP-1 (1-37) did not have any detectable effect upon the amount of mRNA which encodes these peptide hormones.

#### EXAMPLE 7

The effect of GLP-1 (7-37) on the transcription of the insulin and actin-genes in RIN-38 insulinoma cells was investigated. Gene transcription rates were determined by quantification of nascent glucagon and beta-actin RNA transcripts in nuclei from control and Nuclear RNA was hybridized to an TPA treated cells. excess of cloned specific DNA bound to nitrocellulose and the filters were washed as described by McKnight, G. S. et al, (J. Biol. Chem. 254:9050-9058 (1979)). Rat glucagon (Heinrich, G. et al, Endocrinology, 115: 1-6 (1984)) and, for control, chicken beta-actin cDNAs, provided by Dr. D. Cleveland, the Johns Hopkins University School of Medicine, Baltimore, Maryland, Hybridization efficiency was controlled were used. through the addition of the hybridization solution of [3H] UTP glucagon cRNA. Experiments were done in duplicate and values are expressed in ppm/kb of cDNA insert, corrected for efficiency of hybridization (40-50%). Cells were incubated with GLP-1 (7-37) at a concentration of 10<sup>-7</sup>M for 4 hours. Nuclei were prepared from cells at 0, 1 and 4 hours and nascent insulin gene and actin gene transcripts were assessed by the nuclear run on assay (McKnight, G. S. et al). results of this experiment are shown in Table 5. experiment shows that GLP-1 (7-37) increases the rate of insulin gene transcription, but has no detectable effect upon the rate of actin gene expression.

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TABLE 5

## EFFECT OF GLUCAGON-LIKE PEPTIDE I (7-37) ON TRANSCRIPTION OF THE INSULIN AND ACTIN GENES IN RIN-38 INSULINOMA CELLS

TIME (hrs)	INSULIN GENE	ACTIN GENE
0	17.4	34.1
1	76.2	29.9
4	, 9.0	25.0

'Having now fully described this invention, it will be apparent to one of ordinary skill in the art that the same may be carried out with minor modifications which do not effect the content or spirit thereof.

#### WHAT IS CLAIMED IS:

1. A peptide fragment which comprises the sequence:

His-Ala-Glu-Gly-Thr-Phe-Thr-Ser-Asp-Val-Ser-Ser-Tyr-Leu-Glu-Gly-Gln-Ala-Ala-Lys-Glu-Phe-Ile-Ala-Trp-Leu-Val-Lys-Gly-Arg-Gly

and functional derivatives thereof, said fragment and said functional derivatives being substantially free of natural contaminants and having insulinotropic activity.

2. A peptide having the formula:

### (1) $H^2N--X--CO-R^1$

wherein  $R^1$  is OH, OM or  $-NR^2R^3$ ;

M is a pharmaceutically acceptable cation or a lower branched or unbranched alkyl group;

R<sup>3</sup> and R<sup>4</sup> are the same or different and selected from the group consisting of hydrogen and a lower branched or unbranched alkyl group; and

X is the peptide fragment of claim 1;

- (2) the acid addition salts thereof; and
- (3) the protected or partially protected derivatives thereof.

3. The peptide fragment of claim 1 which is:

His-Ala-Glu-Gly-Thr-Phe-Thr-Ser-Asp-Val-Ser-Ser-Tyr-Leu-Glu-Gly-Gln-Ala-Ala-Lys-Glu-Phe-Ile-Ala-Trp-Leu-Val-Lys-Gly-Arg-Gly

4. A method for enhancing the expression of insulin which comprises:

providing to a mammalian pancreatic B-type islet cell an effective amount of the insulinotropic peptide of claim 1.

- '5. A method for enhancing the expression of insulin which comprises:
- providing to a mammalian pancreatic B-type islet cell an effective amount of the insulinotropic peptide of claim 2.
- 6. A method for enhancing the expression of insulin which comprises:

providing to a mammalian pancreatic B-type islet cell an effective amount of the insulinotropic peptide of claim 3.

7. A pharmaceutical composition which comprises an effective amount of the peptide fragment of claim 1, in association with a suitable physiologically acceptable carrier, when used as an insulinotropic medicament.

- 8. A pharmaceutical composition which comprises an effective amount of the peptide fragment of claim 2, in association with a suitable physiologically acceptable carrier, when used as an insulinotropic medicament.
- 9. A pharmaceutical composition which comprises an effective amount of the peptide fragment of claim 3, in association with a suitable physiologically acceptable carrier, when used as an insulinotropic medicament.

## Fig. I

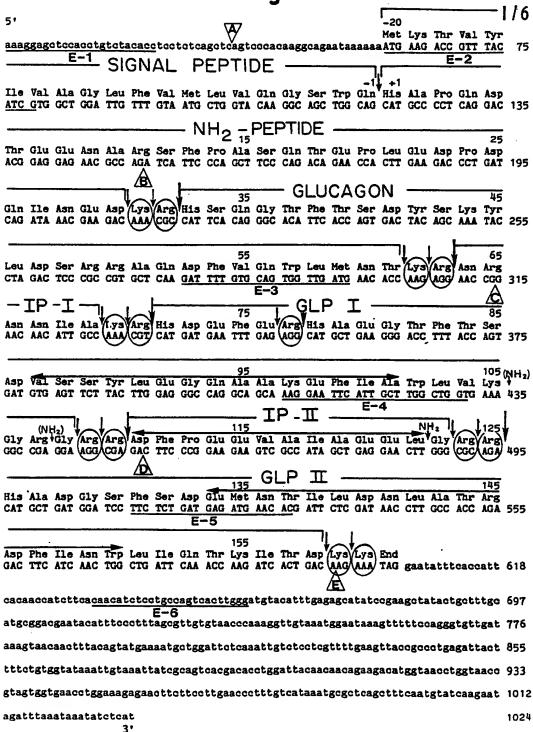
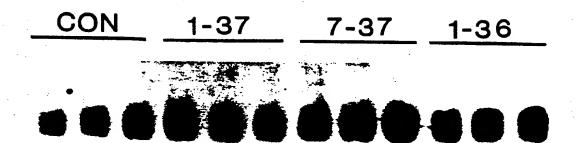
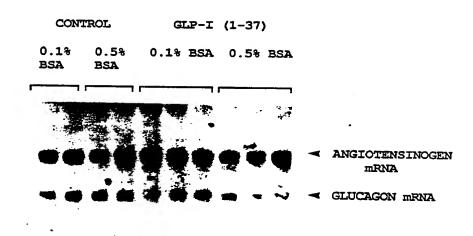


Fig.2



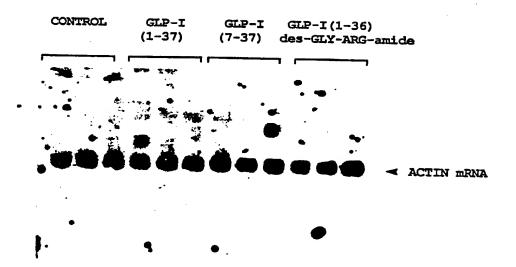
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Fig. 3



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Fig.4

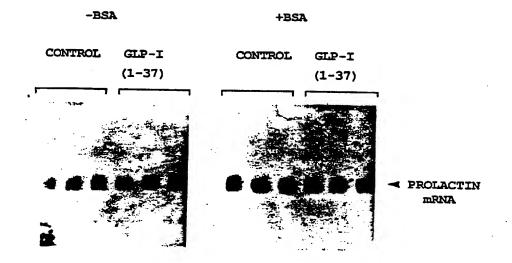


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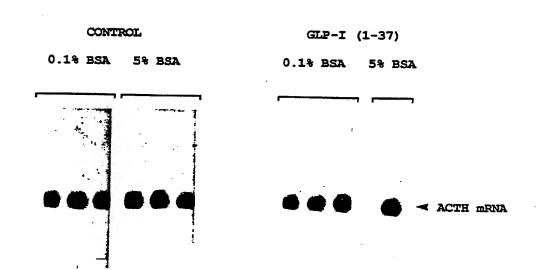
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Fig. 5



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Fig. 6



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#### INTERNATIONAL SEARCH REPORT

International Application No

PCT/US87/01005

		International Application No PC	7/058//01005
	SIFICATION OF SUBJECT MATTER (if several classific		
IPC (	g to International Patent Classification (IPC) or to both Nation 4) CO7K 7/10, 7/34; A61K 37, 530/324, 308; 514/12	nal Classification and IPC /02, 37/28	
II. FIELD	S SEARCHED		
	Minimum Documents		
Classificati	ion System   C	lassification Symbols	
v.s.	530/324, 308; 514/12		-
	Documentation Searched other the to the Extent that such Documents a	an Minimum Documentation are included in the Fields Searched 5	
BIOLO	GICAL ABSTRACTS AND CHEMICAL ABSTR	RACIS ON LINE COMPUTER	÷
III. DOC	UMENTS CONSIDERED TO BE RELEVANT 14		
ategory *	Citation of Document, 16 with Indication, where appro	opriate, of the relevant passages 17	Relevant to Claim No. 18
P,X	J. CLIN. INVEST., VOL. 79 PUBLISHED FEBRUARY 1987, (1		1-9
$\frac{\mathbf{X}}{\mathbf{Y}}$	DIABETOLOGIA, VOL. 28 PAGES PUBLISHED 1985 (SCHMIDT ET		1-2,7-8 1-9
Y	DIABETOLOGIA, VOL. 27 PAGE PUBLISHED 1984 (GHIGLIONE	S 599-600, ET AL)	1-9
X Y	REGULATORY PEPTIDES VOL. 1 PUBLISHED 1985 (GNIGLIONE		1-2,7-8 1-9
A	ENDOCRINOL. VOL. 115 PAGES PUBLISHED 1984 (HEINRICH E		1-9
A	NATURE VOL. 282 PAGES 260- 15 NOVEMBER 1979 (PATZELT		1-9
A	NATURE VOL. 289 PAGES 511- 05 FEBRUARY 1981 (SHIELDS		1-9
"A" do	cial categories of cited documents: 15 occument defining the general state of the art which is not onsidered to be of particular relevance arilor document but published on or after the international ling date occument which may throw doubts on priority claim(s) or rhich is cited to establish the publication date of another itation or other special reason (as specified) locument referring to an oral disclosure, use, exhibition or other means occument published prior to the international filing date but ster than the priority date claimed	"T" later document published after or priority date and not in concited to understand the principal invention to the considered novel of involve an inventive step "Y" document of particular relevancement be considered to involve document is combined with on ments, such combination being in the art.  "&" document member of the same	flict with the application bu- ole or theory underlying the nce; the claimed invention or cannot be considered to nce; the claimed invention is an inventive step when the is or more other such docu- g obvious to a person skilled patent family
	the Actual Completion of the international Search <sup>3</sup> INE 1987	2 6 JUN 1987	Secret Mehalf .
	Ional Searching Authority 1	Signature of Authorized Officer 30	+ 11
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Category *	Citation of Document, 16 with indication, where appropriate, of the relevant passages 17	Relevant to Claim No
1		
A	PROC. NATL. ACAD. SCI. USA VOL. 79 PAGES 345-349 PUBLISHED JANUARY 1982 (LUND ET AL)	1-9
A	NATURE VOL. 302 PAGES 716-718 PUBLISHED 21 APRIL 1983 (BELL ET AL)	1-9
A	PROC. NATL. ACAD. SCI. USA VOL. 80 PAGES 5485-5489 PUBLISHED SEPTEMBER 1983 (LOPEZ ET AL)	1-9
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A	NATURE VOL. 289 PAGES 514-516 PUBLISHED . 05 FEBRUARY 1981 (MOODY ET AL)	1-9
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A	EP, A, 008,2731, (JORGENEEN) 22 DECEMBER 1982	1-9
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